



# SPECIALITY

F A R M F O O D S

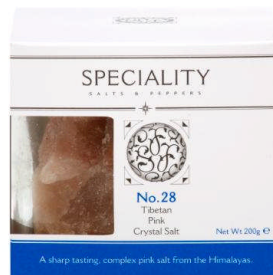
## TIBETAN SALT CRYSTALS

We all need salt as an essential part of our diet but only in very small amounts. Unlike sea salt that is extracted from the top of the ocean bringing whatever else the sea has in it with it, mined crystal salt's from Tibet are **100% pollution free** as they originate from the Jurassic period of the worlds history.

We have been lucky enough to secure a supply of pink and white crystal salt stones which are perhaps the most interesting salts you can buy – **they are unique and much sought after by top chefs and beauticians**. This is salt from before time began, **mined by hand from deep inside the Himalayas**.

### TIBETAN PINK CRYSTAL SALT

Himalayan pink crystal salt contains **85 different minerals** (listed on our website) and has a **very complex flavour** and **sharp taste**. It is mined by hand, hewn with picks from a huge shaft formed by a Jurassic sea, and is pollution free.



### TIBETAN HALITE CRYSTAL SALT



Halite salt is simply the **purest salt in the world 99.9% sodium chloride**, it is very delicate and the ultimate seasoning for the finest and most sophisticated of nature's flavours. A very small amount each year comes from between two layers of the strong complex Tibetan pink salt - a quandary of Jurassic geology.

### DIAMONDS OF TIBET

Whole perfect crystals of halite salt in varying sizes, very carefully removed by hand from the seam with fine picks. **These beautiful crystals must be one of the most exclusive ingredients in the world.**

You will need a micro-plane grater or a granite pestle and mortar to use these Tibetan salt crystals on your food.



[www.specialityfoods.org.uk](http://www.specialityfoods.org.uk)

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