



SPECIALITY

F A R M F O O D S



TURKISH KACKAR HONEY

Clear, strong and intensely complex. Organic, very thick sticky honey – pooh would go mad for this stuff!

The honey comes from the Kackar Mountains in Turkey, a unique place as it has one of the richest floral varieties in the world. It is a completely ecological region with its rain forests, hidden waterfalls and thousands of flower types and clean vegetation in many shades of green; free of technology and industry.



Kackar honey is produced by a bee particular to the Eastern Black Sea - the Kafas bees.

Kackar Honey is possibly the best organic honey and has the richest polyfloral content. Which flowers', pollens' or nectars' are to be picked is left to the bees' preference and their instinctive decision to get the best and most valuable pollen and nectar, so as to feed themselves, their colony and the queen bee.

Specially built 'black hives' are used that are slung high up in particular tree varieties and have to withstand some fairly tough weather.

This is probably the finest honey as a natural curative that you can find and is very carefully protected by the Turkish government with many certificates and controls. One small spoonful taken morning and evening as a curative and you are indestructible!!

The Kafas Bee, can fly more than 10 kilometres in one flight. This is one of the important reasons for the rich content of the honey. The Kafas Bee has the longest tongue among bees and so can reach nectars deep inside hollow flowers; this is one of the reasons why its honey is so complex and more valuable than the honey of other bees.



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